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See views from Belle Mont Farm

The best of St Kitts and Nevis

The best hotels, bars, restaurants and things to do in the laid-back Caribbean islands of St Kitts and Nevis

Consider it a good thing that St Kitts and Nevis lack the profile of other Caribbean holiday destinations such as Jamaica and Barbados. A federation of two islands that would fit comfortably inside the old English county of Rutland, with a population of around 50,000, they remain laid-back places with a genuinely welcoming vibe. With a select number of high-profile developments set to bolster the islands' profile in the years to come, and [a much-loved music festival and other attractions catering to tourists right now](#), expect interest in the region to increase. For those planning a visit, a travel guide to St Kitts and Nevis's best places to stay, eat, drink and have fun are outlined below.

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Ottley's Plantation Inn

[Enlarge](#)

Where to stay

Belle Mont Farm: A thousand feet up in the greenhills of northern St Kitts, with tremendous views and a commitment to sustainable luxury, this lofty designer escape features elegant one-bedroom guesthouses with plunge pools and alfresco bathrooms. Dining at The Kitchen (see below) is a highlight, and there's a new companion sea-to-fork restaurant on the beach at Dieppe Bay (001 869465 7388; doubles from £445, with breakfast).

Ottley's Plantation Inn: A 23-room plantation-style hotel with bags of Caribbean charm, Ottley's is approached via a splendid parade of royal palm trees and comes with a 66ft spring-water

swimming pool. The airy Royal Palm Restaurant serves contemporary Caribbean dishes and there's a sweet one-hut spa (001 869 465 7234; doubles from £180, room only).

Four Seasons Resort Nevis: Set beside the white sands of Pinney's Beach on Nevis's sheltered west coast, this green and spacious 196-room resort is a big hit with families and sporty travellers taking advantage of its immaculately landscaped golf course and 10 tennis courts (001 869469 1111; doubles from £303, room only).

Where to eat



Four Seasons Nevis

[Enlarge](#)

The Kitchen: French chef Christophe Letard serves game-changing Caribbean-inspired cuisine at this industrial-looking restaurant high in the hills above St Paul's. Part of the Kittitian Hill development, it makes the most of being on a 400-acre organic farm and the expertise of its Master of Wine Isabelle Legeron. Sunday brunch attracts a happy crowd (001 869 4657388).

Spice Mill Restaurant: Set beside the island's best beach on Cockleshell Bay, this tuned-in bar and restaurant has chilled sounds, interesting cocktails, freshly caught fish and pizzas from a wood-fired oven. On Sunday afternoons there's usually live music or a DJ. The views across to Nevis are superb (001 869765 6706).

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The Rocks: Golden Rock Inn is an old sugar estate lost in the hills of Gingerland, Nevis, that has been turned into a hip hotel by New York artists Brice and Helen Marden. Set beside a reflecting pool designed by Ed Tuttle, its restaurant serves Caribbean comfort food such as shrimp glazed with rum and lime, and grilled mahi mahi with red-curry coconut sauce (001 869 469 3346).



Golden Rock Inn in Nevis

[Enlarge](#)

What to do

Brimstone Hill Fortress National

Park: One of the most spectacular sights in the Leeward Islands, [Brimstone Hill](#) is a colossal fortress dating from 1690 that was once home to more than 1,000 soldiers and their families. Abandoned in 1853 and now restored, it is also a green and airy national park with superb views – take a picnic and invest in the audioguide (001 869

4652609).

St Kitts Scenic Railway: Completed in 1926, this narrow-gauge [railway](#) transported sugar cane across the north of St Kitts until 2005. Now it has a second life taking visitors on a breezy two-hour trundle around the Atlantic coast with a guided commentary and drinks. Departures are from Needs Must station with times geared to visiting cruise ships (001 869 465 7263).

Greg's Safaris: Despite all the development, over a quarter of St Kitts is protected land – and you won't appreciate the full beauty of the island until you get deep into its rainforest and peaks. Run by a fifth-generation Kittitian, [Greg's Safaris](#) arranges hikes and 4x4 adventures inland or climbs up to the crater rim of the island's peak, Mount Liamuiga (001 869 465 4121).

Where to drink

Carambola Beach Club: At the western end of South Friars Bay beach, [Carambola](#) brings a touch of Ibiza to St Kitts with its smart wooden loungers, large modern bar and sushi menu. If you fancy a beach-bar crawl, walk east along the shore and you'll find two more easy-going watering-holes, the Jamaican-run Jam Rock and castaway-style Shipwreck Beach Bar & Grill (001 869 465 9090).

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Salt Plage: Part of the still-developing Christophe Harbour real-estate project, [Salt Plage](#) rests beside the clear waters of White House Bay with a wooden jetty, contemporary lounge seating and a maritime theme evoking the bygone days of the sugar and salt trades. Drinks are orientated more to wine and champagne than cocktails, and snacks such as seafood ceviche and lobster wrap are available (001 869 466 7221).

Chrisi Beach Club Nevis: Set beside the quiet sands of Cades Bay on Nevis, this Norwegian-run beach [bar and restaurant](#) has a cool, international vibe with white wooden walls and a corrugated-iron roof. The mood is relaxed, with lounge music, day-beds on the beach and a fine view across to St Kitts (001 869 469 5959).

Getting there: [British Airways](#) (0344 4930787) flies from London Gatwick to St Kitts, from £667 return in November. [Yu Lounge](#) (001 869 465 5726) provides a fast-track immigration, luggage and customs service with airstrip transfers by Porsche Cayenne, tapas and champagne. The outdoor loungers are handy for a last sunbathe before flying home. From about £115 per person per arrival or departure.

Information: The next [St Kitts Music Festival](#) will take place in June 2016. For more information on the islands, visit [stkittstourism.kn](#) and [nevisisland.com](#). For more information download the [free Telegraph TravelApp for St Kitts at iTunes](#) and see The Telegraph's complete [St Kitts guide](#) and [Nevis guide](#).